

Live Well 2025-2026 grants list

Organisation	Project Name	Project Summary	Neighbourhood	Amount Awarded
Rammy Men	Encouraging the Future	<p>We will be targeting 16-32 year olds who aren't in education, training or employment and who have "fallen through the cracks" of society, particularly neuro-diverse individuals and those struggling with mental health issues.</p> <p>We will be running a range of strength and resilience sessions and creativity-based activity sessions and courses (co-designed with the individuals themselves) to help them get out of the house, gain new life skills, and find hope and purpose in their lives, with free on-site counselling support, nutritious meals, and a range of social and holistic activities to help them re-engage with peers and the wider community.</p>	Bury North	£5000
Safety Net Charitable Trust	Digital Inclusion Hub	<p>We are a digital inclusion hub. This project will enable us to provide 190 hours of one-on-one mentoring in digital literacy and etiquette.</p> <p>It will support over 60 people and we will expand our reach through advertising to connect with new users.</p> <p>We support people facing poverty due to limited access to technology.</p>	Prestwich	£5000

		<p>We aim to level the playing field for individuals and communities affected by racial inequalities.</p> <p>We aim to bridge the digital divide for by equipping people with essential digital skills and to empower them towards independence, economic stability, and improved well-being.</p> <p>This funding will enable us to create lasting impact, ensuring no one is left behind in today's digital world.</p>		
<p>Growing Together Radcliffe Support CIC</p>	<p>Digital Inclusion and Batch Cooking Sessions</p>	<p>We wish to provide a digital access point in the centre for local community who lack access to internet and who require assistance with using laptops/tablets and smartphones. This will be open to anyone including children after school so they can complete their homework.</p> <p>We also wish to provide cookery classes showing how to batch cook and how to freeze. These classes will provide nutritious healthy, budget meal ideas for anyone struggling. These classes will be relaxed and aimed at all ages. We will be inviting guest to cook meals from other nationalities for people to try.</p>	<p>Bury West</p>	<p>£2,827.95</p>
<p>Bury Speakeasy</p>	<p>Digital Inclusion Hub</p>	<p>Aphasia affects speaking, understanding, reading writing and numbers. Face to face interaction is challenging but technology can present additional obstacles and in an increasingly digital world people with aphasia are often excluded.</p> <p>Speakeasy wants to design a year long timetable of flexible activity suitable for supporting a wide range of people with aphasia who have both individual preferences for digital activity and highly variable support requirements. This aims to predominantly support people with aphasia but also</p>	<p>Bury North</p>	<p>£4,997.50</p>

		including their carers who often need to assume extra digital responsibility.		
Humans MCR	Community Grocers on-wheels	The Community Grocers on-wheels works within food redistribution schemes to rescue food destined for waste and use it to provide people on low incomes with a full, fresh grocery shop of their choice, delivered. For a small weekly charge, people can access our wide range of produce – offering everything a regular supermarket would – and receive enough additional fresh fruits and vegetables to last the whole household the whole week. We impose no restrictions on how customers allocate their allotted ‘points’ and deliver all groceries in an unbranded van directly to their houses, making food support dignified and accessible.	Boroughwide	£4,563.46
Bury Blind Society	Insight Hubs	Bury Blind Society aims to establish two community hubs ‘Insight Hubs’ - to support residents with sight loss. The Digital and Employment Hub will reduce isolation, improve digital skills, and support employment. The Housing Support Hub will promote housing stability, offering tailored advice in collaboration with expert services. These hubs will build on and enhance existing local services, ensuring they are accessible to people with sight loss while addressing inequality, mental health, and wider support needs.	Bury East	£4,080.00
Baby Basics Bolton and Bury	Baby Basics Bolton and Bury	. We are looking to continue our provision of clothing for children between the ages of 12 months and 3 years, as well as labour bags and toys, for local families that are struggling by acquiring some additional storage	Boroughwide	£4500

		space. Furthermore, we are looking to rebrand to align ourselves with Baby Basics UK and to continue to offer leaflets and flyers to advertise our service. This will ensure that we remain the well-respected project that we always have been and are something that the community wants to continue to support.		
GM Doulas	Innovative Support for New Mothers to Provide the Best Start in Life for their Children	<p>This project will provide essential support for pregnant and new mothers in Bury facing poverty, whether due to the cost-of-living crisis, fleeing abuse, seeking asylum, or living with a disability. Over 12 months, we will deliver:</p> <ul style="list-style-type: none"> • 72 hours of postpartum doula and breastfeeding support, ensuring mothers feel confident and cared for. • 12 peer support group sessions to support women to birth in their power and normalise breastfeeding. • 300 home-cooked meals to nourish new mothers and support breastfeeding, easing financial strain. <p>This holistic, community-led project removes barriers to breastfeeding, improves maternal well-being, and ensures healthier starts for families in Bury.</p>	Boroughwide	£4,999.82
Jigsaw	Making the Most of Me	<p>Our project will focus on the <i>'Work and Wages'</i> key area.</p> <p>The Making the Most of Me programme will increase opportunities for disabled people in Bury to strengthen life skills, feel healthy and good about themselves. Giving them skills in assertiveness, independent living, money</p>	Boroughwide	£3000

		management, personal hygiene and dignity, safety (including online safety), employability, and healthy living.		
Recreate-U CIC	Best Start School Readiness Programme	<p>After discussions with Bury East Central Hub and Early Help Locality Team, we wish to expand Recreate-U's successful 'Best Start' school readiness programme into Bury Family Hub Centres, schools and nurseries.</p> <p>Best Start is expertly designed by an EYFS school lead with over 20 years' experience. It supports parents/carers with proven techniques to help children develop the skills they need to be ready for school through day-to-day experiences and play.</p> <p>Best Start has been highly successful in Salford. Bury residents want to attend but cannot because the conditions of our current funding state sessions are for Salford families only.</p>	Boroughwide	£5000
The BIG Fandango	SEW Confident Youth Programme	<p>A Beginners Sewing Programme for young women to empower them to learn skills and develop confidence to get them into the job market, improve employability and help them create more opportunities for work.</p> <p>Our programme will target women who experience social anxiety, poor mental wellbeing and a lack of confidence that create barriers to applying for jobs or getting through the interview process.</p> <p>We will help and support them to generate their own income through making and selling items they have made and understanding how to use platforms like Etsy to generate income</p>	Bury East	£5000

The Friendship Circle	Financial Wellness Clinics	We propose running 10 Financial Wellness Clinics to help our members navigate financial challenges, avoid debt, and manage their finances amidst the cost-of-living crisis. These sessions will also provide practical skills in budgeting, shopping, and cooking, boosting confidence and empowering them.	Prestwich	£3,944.00
Women of Worth	Eating Healthier and Budgeting	The focus of the project will be to address the impact of cost of living by providing budgeting guidance and support either one to one or in groups to help people manage their available income. We aim to assess with women their financial situation, inform them of ways to maximise their income, and look at options for making their money go further. We will look at things such as cooking on a budget including accessing affordable foods. The women will share their tips and recipes which will go forward to produce cooking on a budget recipe book.	Bury West	£2,991.00
Caritas Red Door	Cooking on a Budget	We will run 40 cookery sessions at Red Door focused on cooking cheap healthy meals using air fryers and microwaves, attended by over 80 people who are homeless or at risk of homelessness, living in poverty and with poor mental health. People who currently come for our free hot lunches will learn to cook for themselves, reducing ongoing dependence on our service. Sessions will include cookery techniques, shopping and budgeting tips, health eating guidance and give people the knowledge and skills to be	Bury East	£1,717.93

		able to improve their health, wellbeing and quality of life for the long term.		
Trinity Baptist Church	Trinity Baptist Church Food Club	We are starting a Food Club in Mid January 2025, to tackle food poverty in our immediate community in Radcliffe which is classed as a very deprived area. Because food poverty is so wide reaching there is no restrictive criteria (needing to be on a certain benefit) preventing people from using the food club. The aim is to support the local residents with their weekly food bills, by charging £4 for 12 items, with a normal estimated value between £10-£18. We are not giving food away but allowing residents to pay and choose their food which promotes self-worth as well as a sense of community coming together. (A hand up rather than a hand out).	Bury West	£3,000.00
Friends of Bury Young Carers	Young Carers Activity Project	Our project will empower young carers to engage in a range of activities that will teach them valuable skills, while focusing on ensuring they get to be young people. The activities will range from art to tech, cooking to sports and others chosen by our young carers. As a previous young carer I can say with certainty that it was projects like this that allowed me to thrive as young person, knowing I had a safe space for my emotional well-being, a hot meal and somewhere I can learn without the pressure of my caring responsibility.	Boroughwide	£3,562.50

Crossroads Manchester Ltd	Breakfast Work Support Program	Twice weekly we will have a Breakfast Work Support Program at the Centre for our youth who are NEET. We will provide a healthy, nourishing breakfast followed by a job support session. A work coach will run one session a week to support with CV writing, interview skills, securing training, apprenticeships and employment. For the second session, we will have tradespeople come and showcase their vocational skills in a taster session to enable the youth to have an opportunity to sample various trades. This aims to address child poverty by providing multiple opportunities to learn skills and find employment.	Prestwich	£5000
Cracking Good Food CIC	Cooking up a Storm in Bury	Supporting those experiencing food poverty, this project will deliver 2x 3-week courses on healthy, affordable, and easy cooking. Workshops will run at St Andrews and the Trust House during daytime hours when the food pantries are being accessed to capitalise on delivering food education when individuals are planning their weekly meals. By delivering a cooking demonstration with hot samples in the first week, and two hands-on workshops in subsequent weeks, plus providing free flavour kits and kitchen equipment to take home, we hope to encourage those who may be hesitant to cook, to try something new in a supportive environment.	Whitefield	£4,485.00
Bee Inclusive CIC	Create Club: Connect, Create & Thrive	Create Club is an inclusive space for children and young people with SEND, fostering friendships, creativity, and mental well-being . Delivered from our accessible and inclusive SEND Hub Based in Radcliffe we will support the	Boroughwide	£5000

		<p>young disabled community of Bury through arts, life skills, mindfulness, and community projects, to build build confidence, independence, and social connections. By providing these activities for free to the disabled community, a community who are hit the hardest by the rising cost of living, we will help combat child poverty, ensuring every child can access enriching experiences, develop skills for the future, and feel a sense of belonging. Our club supports emotional resilience and improves mental wellbeing while promoting equal opportunities for all.</p>		
Rammy Runners	Rammy Runners	<p>Our project is focused on promoting fitness, well-being, and community engagement through regular running sessions tailored for all abilities. We will offer weekly beginner, intermediate, and advanced running groups, with additional workshops on injury prevention, nutrition, and mental health. The initiative will also include social events, charity runs, and family-friendly activities to strengthen community bonds. Our goal is to create an inclusive, supportive environment that encourages people of all ages and abilities to participate in physical activity while fostering social connections. This project aims to improve the overall health and cohesion of our local community.</p>	Bury North	£1,455.00
Red Rose Recovery	Living Well with Project Free	<p>Living Well with Project Free will empower Bury residents experiencing poor mental health, poverty, and social inequalities by providing peer-led support, skills development, and financial wellbeing workshops. Project Free is a lived experience-led initiative under Red Rose Recovery (RRR), designed to create safe spaces for people</p>	Bury East	£3,134.00

		<p>after prison to connect, build resilience, and access opportunities for personal growth, reduce reoffending, and embrace a pro-social way of living. Aligned with the <i>Live Well</i> movement and <i>Let's Do It</i> strategy, our initiative tackles food poverty, builds confidence, and promotes financial independence. By strengthening individuals and communities, we ensure those most at risk have the tools and support to thrive.</p>		
The Attic Project	In It Together	<p>We desperately need to have a specialist welfare support officer in place to support local people already attending the Attic Project and to support our wider communities. In light of the ongoing Cost of Living Crisis, the massive hike in fuel and food costs and the increased costs of keeping a roof over our heads, many local people are struggling.</p> <p>This has now got significantly worse with the Government green paper on proposed changes to the welfare benefit system.</p> <p>We are already being inundated with enquiries and concerns from current attendees and vulnerable local people, many of whom have long term disabilities, mental and/or physical health conditions, local families already living below the poverty line and asylum seekers and refugees.</p> <p>This funding would allow our new specialist welfare support officer to deliver a valuable new service 2 days a week and ensure vulnerable people are equipped to cope with any changes and supported during their time in need.</p>	Bury East	£5000